

# Sneha Spandan

ANNUAL REPORT 2016



**SNEHASADAN**  
St Camillus Care Home



The mercy of God is not an abstract idea, but a concrete reality with which he reveals his love that of a father, moved to the very depths of love for their child. It is hardly an exaggeration to say that this is a “visceral” love. It gushes forth from the depths naturally, full of tenderness, compassion, and mercy.

**Pope Francis, Misericordiae Vultus, 6**

“If you succeed in discovering the existence of God in the service of poor, you succeed in finding God everywhere”

**Most Rev. Dr. Aloysius Paul D' Souza  
(Bishop of Mangaluru)**



“Persons are gifts of God to me that come all wrapped so differently. Some so loosely, others so tightly, but wrappings are not the gift.” You have learned to trust, treasured and shared this gift of persons. You have Camillians and non Camillians in your care centre. May the Lord bless you all.

**Rev. Dr. Leocir Pessini MI  
( Superior General, Camillians)**



# St Camillus de Lellis (1550-1614)

Patron of the Sick, Hospitals and Promoters of Health



Camillus de Lellis, the founder and patron of the order, was born on May 25, 1550 at Buccianico in Italy. Following his father in a military career over the course of many years, he lived recklessly with compulsion for gambling. In 1575, at the age of 25, Camillus experienced a spiritual conversion and resolved to reform his life and dedicate himself to the service of God. Still afflicted by the wound on his right leg, he had a divine inspiration to assemble a group of good men willing to dedicate themselves to the sick, and this group is known as "Ministers of the Infirm." Camillus chose Red Cross as the

distinguishing badge for the members of his Order. After leading the movement throughout Italy he dies on July 14, 1614. In 1746, Camillus was canonized by Pope Benedict XIV as the patron of the sick and those who serve them.

Senhasadan is a compressive care and support centre for people living with HIV, belongs to the Order of the Ministers of the Infirm (MI), an International Faith Based Organization (FBO) that has been involving in the health care for more than 450 years. Snehasadan, the 65-bedded centre has been a Home of love for people living with HIV, since 2001. Snehasadan, is the third a Camillians-India initiative under Sneha Charitable Trust. It is also a care Home for Orphan and Vulnerable Children. Snehasadan provides them a platform to grow and build the future, with love care and Compassion.





# FOREWORD

*"I have come that you may have life and life in its fullness" (Jn 10:10)*

*It is an amazing experience to be part of Snebasadan. The life giving word of Jesus keep me going day by day adding meaning and colours to many vulnerable lives.*

*In the year 2016 we had blessings and misfortunes. Blessings because we were able to carry on.*

*Misfortunes because we lost two children*

*But a gain of two "Sneha Angels".*

*They were the hard days of the year... long silence... sad and depressed moments. But, the memories of life they lived were worth and was in its fullness.*

*"A beautiful flower can be blossomed even among thousands of thorns".*

*They have not lived long but brought miles of smiles...*

*They taught a lesson about being responsible and moral life...*

*They continue to shed showers of blessings to you and me from up above from the bosom of the Father.*

*The year 2016 was a great blessing. House of love was painted in a Children friendly manner, Playground was extended, English Coaching classes began, various classes on life Skills, Medical and Dental Camps were conducted. We were ready to shift gears to venture into the professional quality level studies to some of our children.*

*We just coordinate it and you are among many who has been supporting us.*

*I have nothing more to give you than the assurance of our Prayers and Blessings.*

*May the Lord who gives life in its fullness make your lives too full and fruitful.*

**Fr. Teji Thomas MI**  
Director



# MESSAGE

*Dear fathers, staff and beloved children*

*In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work - brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment. Teaching a growth mindset creates motivation and productivity. Children (and adults!) who have a growth mindset and believe that they can learn more and therefore become smarter if they work hard and persevere, are more likely to make better progress, and view challenges and failures as opportunities to improve their learning and skills.*

*At Snehasadan we have been involved in significant training to ensure that we adopt a growth mindset with your children and with most of us within our own lives. Successful performance of the children at Snehasadan is really amazing and inspirational. I would like to sincerely appreciate Fr. Teji Thomas, the Director, Fr. Shiju Joseph the Administrator, Fr. Russel Jacob MI, Fr. Jobin MI and Siby MI for their hard work and commitment and making this centre a place of opportunities of personal growth and development. Sincere appreciation to staff and acknowledge their selfless service and support. A word of appreciation to my beloved children too for their presence with us. May you continue to be the instrument of a growth mindset for the people around. God bless you.*

**Rev. Fr. Baby Ellickal MI**  
President  
Sneha Charitable Trust

## *Vision :*

*To bring total health to all and to promote a culture of life ensuring human dignity in the given reality*

## **CORE VALUES**



**CARE**

**COMPASSION**

**Commitment**

**COMPETENCE**

## *Objectives*

- To provide quality care for the neglected and the sick.
- To provide treatment, nutrition and relaxation for well being of the persons.
- To restore self confidence and encourage changes in life style through behavioural interventions.
- To provide self employment through rehabilitation services.
- To provide information education through outreach programme.

## *Mission :*

*To be a positive force in addressing the comprehensive needs of the PLHIV ensuring their dignity and overall quality of life by motivating, caring, supporting educating and rehabilitating with a priority for the care of HIV - Infected children and palliative care of those are in the end stage of disease.*



# Services at Snehasadan

There are infected Adults and Children from age below one to twenty in our care and support program. Snehasadan aims at comprehensively addressing the multiple issues of infected children to prepare them for productive and constructive life.

## 1. *Infected Adults and rehabilitation*

Snehasadan was founded for HIV infected persons. Now the flow of adults are reduced. A few of them are rehabilitated staff in the care of children.

**T.B – HIV cases and treatment:** all throughout the year we have patients in this category which is a challenging task in the service of the society.

## 2. *OVC (Orphan and Vulnerable Children)*

OVC component was added to Snehasadan 16 years ago and the centre is registered under CWC. (Registration is for the age group 6-18)

## 3. *OVC below Six*

The centre also take care of infected Children under the age six. There are three children in this category at present. Snehasadan opened its door for them at the request of officials from CWC, Mangalore and District Child Protection Unit..

## Highlights of Snehasadan

- Besides the above there are eight children who continue at Snehasadan after the age of 18. Five are pursuing their college studies and three are rehabilitated under special skill training like *Driving, Computer and Candle Making*.
- Mentally challenged or differently abled children with behavioural issues who does not go to the school are given day care at the centre.
- We organize programmes for our children in the extended families engaged in studies and work like *motivational classes, guidance, medical check up supportive gestures of various kind*.



## Care of infected children:

- ❖ Residential care for **forty** HIV children and **ten** adults.
- ❖ Formal education and value based education.
- ❖ Psycho- social support and trauma care.
- ❖ Sports, Recreation and Cultural programmes.
- ❖ Interaction with family members and vacations.
- ❖ Proper ART adherence and monitoring.
- ❖ Addressing adolescent issues.
- ❖ Adequate health care and nutrition.
- ❖ Spiritual care, Physiotherapy.

## Psycho-Social services

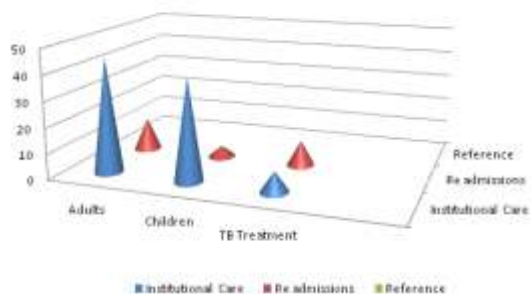
- ❖ Nutritional care
- ❖ Counselling
- ❖ On-going educational support
- ❖ Spiritual support
- ❖ Referral and linkages

## Medical services

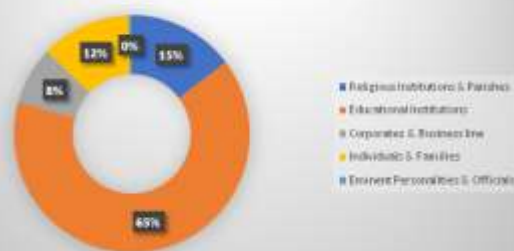
- ❖ OI management
- ❖ Palliative care and pain relief Counselling
- ❖ Nursing care
- ❖ ART referrals
- ❖ Physiotherapy/Aerobic exercises



Services offered in 2016



Our Visitors



“Seeking the face of God in everything, everyone, all the time, and His hand in every happening; this is what it means to be contemplative in the heart of the world.”

St Mother Teresa of Calcutta





## Snehasadan – the abode of love and friendship

**Dr Ravi Vaswani** MBBS, MD (Internal Medicine)

PG Dip Bioethics & Medical Ethics, Former Registrar, Yenepoya University

Snehasadan – the abode of love and friendship – is 100% true to its name, in letter and spirit. Since the last decade and a half, Snehasadan has been doling out pure love and unadulterated compassion, in more doses than any other health care institution that I have had the good fortune to experience. The Ministers of the Infirm (popularly known as Camillians)

team– led by the Director, Fr. Teji, along with the other administrators, brothers, sisters, counselors and support staff – weaves its magic through the universal and eternal language of loving care, which flows from their hearts and hands, unbidden, by some greater unseen spiritual force. Children of all ages, from all over India – either orphaned or abandoned – find in Snehasadan the last bastion of hope, where they rekindle their faith in a benevolent and loving God. Irrespective of caste, creed or religion, Snehasadan embraces, anyone who is in need of the milk of human kindness, and once accepted in the family, all are given equal and unrequited, tender affection.

Completely run and managed on the benevolent donations of well-wishers, the care for orphan and vulnerable children and a few adults living with HIV is holistic and comprehensive. Qualified nurses and counselors are available round the clock – 24/7 – to look after the health needs. Food and nutrition, so essential a component of health care and very often a neglected one, is managed by an in-house kitchen staff, supervised by the administrators. A doctor is available on call to provide timely assistance to the nurses. Specialists in internal medicine, Psychiatry and dermatology pay frequent visits to Snehasadan and provide for specialized care. The children receive daily physical exercise, under the oversight of a physiotherapist. Children are allowed to pursue their faith through meditation and prayer sessions.

I feel privileged and fortunate to be associated with Snehasadan for the last thirteen years. Though the team at Snehasadan feels I have given great service to them, the truth of the matter is that I have received far more than I have given. Every time I experience firsthand the loving and compassionate care here at Snehasadan, I gain the opportunity to rid myself of all the accumulated cynicism and skepticism. Every time I depart from Snehasadan, I leave a rejuvenated soul, ready to face the vicissitudes that Life is bound to throw at me. Snehasadan gives me the hope to continue my efforts, knowing that all is not lost for the future of humanity.

God bless Snehasadan.

### **Dr. Vishal Amin**

MBBS, MD - Aesthetic Dermatologist

He is a professor in Yenepoya Medical College and he practices at Vish Skin Clinic in Balmatta, Mangalore. He offers his service to Snehasadan whenever in need of consultation



### **Dr. Caroline D'Souza**

MBBS, MD - Consultant Psychiatrist

She is a professor in Srinivas Medical College and she practices at Falnir Health Centre from 2 pm-6pm, Opp. Unity Hospital, Mangalore. She offers her service to Snehasadan once in a week.



# ***Journey of Snehasadan:***

**We have tried to present in a nutshell the events  
took place between January to December**

## **New Year Celebration**

On this special occasion various programmes were organized to show the importance of this day. The whole family of Snehasadan came together for the Eucharistic celebration as a sign of invoking God's blessings in this New Year. Thereafter, lucky games and cultural programmes were conducted for children.

## **Sarang Radio Programme:**

On 18<sup>th</sup> of June St. Aloysius College, Mangalore (Autonomous) organised a programme called



“Chinnara Chilipili” through the support of Sarang F.M Radio at Snehasadan. Among Snehakids, Netra and Vishwas were the M.Cs of the programme. Children participated actively in the recording in various ways like singing, mimics and sharing by Snehakids.

## **Doctor's Day Celebration**

On July 1<sup>st</sup> Snehasadan celebrated 'Doctor's Day'.



Purpose of the celebration was to acknowledge

and thank the doctors who render their valuable service to this house. Rev. Fr Teji the Director of Snehasadan welcomed the gathering and briefly explained about the importance of the Day. The Director while addressing the gathering appreciated the service of all the Doctors who are rendering their valuable service towards our house. Dr Chethan Raj, Government Medical Officer at Ganjimat, was also present for the programme.

## **St Camillus Day**

St Camillus is the founder of our mission. He is the source and inspiration for our ministry. As a commemoration of this we had nine days preparation for the celebration of the feast. As followers of saint Camillus we try to imbibe his virtues into our lives.

## **Dance Stars :**

'Dance Stars' a group of students of this academy were present on that day. The team was so dynamic and energetic; their talents really enriched our snehakids. Inspired by their performance, our children took lot of interest and



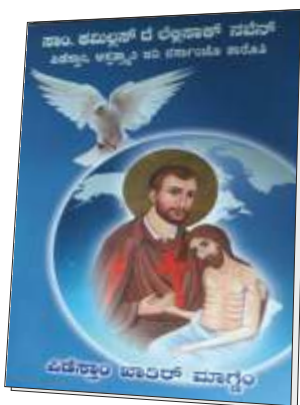
initiative to inculcate the spirit of dance in them. The master of the academy in the given time tried to teach some basic steps to our children.

## **Provincial Visit**

Rev. Fr. Baby Ellickal MI, the Provincial of Camillian fathers India, visited Snehasadan and spent time with Snehakids. It was joyful day of celebration. Snehakids Presented colourful



cultural Programme on this auspicious occasion. the Director of the house, presented before him the services of the Camillian Community at Snehasadan. V. Rev. FrBabyEllickal was felicitated by Dr. Ravi Vaswani the consultant physician of Snehasadan. **Three Snehakids were awarded** by V. Rev. Fr Baby for having completed the Post



Metric Education. Dr.Chethan Raj, The Principal of Rosa Mystica Institutions and Jeevadaan sisters were present. The life of St. Camillus and Novena in Konkani was published and the first copy was given to Sr. Juliana, Manager, Rosa Mystica Institutions. It

is a prayer book for the sick.

### **"AtidonjiKuta"**

'It was one of the memorable events. Through this event we could explain our children the importance of this celebration which is well known in this coastal area. The members of the Rotary Club organized various activities as a part of this programme. Twenty one items of food was served as a speciality of this feast.

### **Independence Day Celebration**

The Snehasadan family celebrated 70<sup>th</sup> Independence Day in order to create awareness among children. Lot of activities were conducted in order to make them realise the importance of the day such as speech competition, singing competition, drawing competition based on the theme of the day. Chief Guest of the day Mr. Amjad hoisted the flag Snehakids Rakshith and Manoj shared their feelings on Independence Day.

Kaikamba Auto drivers association celebrated the day along with our children. They spent some time with our children and sponsored lunch to all.

### **District Aids Programme and Control Unit**

As a part of Inspection from the government side we had visit of **DAPCO** to our centre. After the visit and conversation with the staff they gave a positive feedback. They were happy with the way the house is run.

### **Awareness programme on Malaria and Dengue**

As a precaution to **Malaria** and **Dengue** we organised awareness programme by Mr.Pradeep, Health Inspector at Primary Health Centre Ganjimat, was the resource person.

### **Onam celebration**

**Onam** is a feast of peace and prosperity. As a symbol of this feast, on this day we had a special prayer service in order to pray for peace in our society. Special **Rangoli** competition held for all so as to show the significance of **Pukalam**. We had



some invited guests.

### **Yenepoya Ethics Department Visit:**

Dr Ravi is always with us by rendering his valuable service to Snehasadan. Once he brought the Department of Ethics from Yenepoya. The visit of this group really enhanced our happiness. They spent a little time with our children by listening to them, talking to them and advising them. Our Snehakids were too happy with their presence.

### **St Aloysius College Hostel Girls**

A group of students from St Aloysius College



visited interacted with children through various activities and games. It was a moment of sharing for both the college students as well as our children too. The students expressed their joy of being present in the house

### Individual and Group Counselling:

M.Sc. students from Roshni Nilaya gave both individual and group counselling to our children as part of their training and experience. Children were happy to approach and share with them. The counsellors also expressed their joy of being with children. Finally, they acknowledge their deep sentiments of gratitude to the director, staff and children for making necessary arrangements for them.

### Dasara Camp:

During the Dasara holidays we organised various programmes for the children which are related to their personality development. Various resource persons like Mr Girish, SrBriget, Mr Kalesh, Mr Sukesh, Ms Vaneetha, Ms Meena, and Ms Sharlet



were invited to give orientation. They dealt on various topics such as:

- ▲ Interpersonal Relationships
- ▲ Emotional management
- ▲ One day Picnic
- ▲ Goal Setting & Parliament Review
- ▲ Evaluation of the whole Programme

During our Dasara vacation we had one day Picnic to Thannirubhavi beach along with staff and students. It was a moment of relaxation, fun, entertainment and relief from our regular activities.

### Workshop on Child Responsibility :

Roshni Nilaya students of MSW department organized a special programme on 'Child



**Responsibility'**in Collaboration with Padi Organisation. Mr Durgaprasad was the Resource person of this programme. The purpose of this programme was to make aware the children about their role and responsibility in the society.

### Cultural Day and Birthday celebration

Once a month we have a day called '**Cultural Day**'. The purpose is to encourage the talents of children and also to wish all those who celebrate birthday in that particular month. Mostly the last week of the month whole Snehasadan family



comes together for this programme in the evening. After the programme all the priests, staffs, and children participated in the fellowship meal together.

### Diwali celebration

Diwali is the feast of the Light. As a symbol of this light feast we lit the 'Deevali Hanathe' around the campus. A special prayer service was conducted in the evening to pray for the gift of Gods light in the world. As a mark of this celebration we had crackers and lots of joy in the midst of our benefactors who sponsored crackers and food for on this day and enhanced our joy. Thanks in millions to their generous heart.

### D' Light programme

St Aloysius Institute of Management and

Information Technology organised a programme called D'LIGHT. Mr Merril Rego, the President of Youth Congress Dakshina Vidhan Sabah, Mangalore and Mr Girish Alva, the Youth Leader, Gurupura were the Chief Guests of the Programme.

### **"Splash" Sports day @ Snehasadan**

'Caring Hands' a group of young men organized, 'SPALSH 2016' events at Snehasadan for



Snehakids and Jeevadaan children on 6<sup>th</sup> November 2016. **Mr.RaymondD'souza, the Mr. World** and Smt. Sylvia were the Chief Guests of the programme. Mr.Lionel from "Caring Hands" welcomed the gathering. Mr Raymond gave a meaningful message and wished them to be champions in the World.

### **"Retrace" Snehakids Alumni Meet**

Snehasadan Family is completing its 15 years of



service to the Orphan and Vulnerable Children in the society. Snehakids are the focus point of Snehasadan today. Snehasadan so far has served around 184 children in 15 years of its history. Some of them are working in different parts of the country, while some others are continuing in their studies. Snehasadan took an initiative to organize

a special programme called 'Retrace', in collaboration with KHPT (Karnataka Health Promotion Trust).

### **Inauguration of the Basketball Court**

It was a joyful day as the Snehakids alumni were present here in the centre for Retrace camp. Msgr V. Rev. Fr. Dennis Mora's Prabhu,Vicar General-diocese of Mangalore, presided over the Holy Eucharist. The Prayers followed the inauguration of the new Basket Ball court by Mr. Ivan D'souza,



MLC and chief whip Legislative Council Government of Karnataka and block Panchayath officials and local leaders were present for the program. Mr. Stephan Maroli nominated corporator of mangalore city cooperation was honoured. Many invited guests were present for the programme.

### **Spiritual Renewal**

*"At sunrise open and raise your heart like a blossoming flower, and at sunset, bend your head in silence complete the worship of the day."* God is the source of everything. Like any other activity



Spirituality also takes prior importance. Prayer helps us to deepen our relationship with God. For this purpose we organized three days of "Spiritual Renewal Programme".



### Champion In ME

The Annual Sports and Arts Competition 'Champion in Me 2016' was organized for children living with HIV in Karnataka by Sneha Care Home in partnership with Karnataka Health Promotion Trust (KHPT).

### World AIDS Day

Snehasadan organized programme in order to create awareness on HIV at Kasturba Medical College Mangalore. The departments of Medicine and Paediatrics and Snehasadan collaborated in this regard. The theme and Moto of the programme was "HANDS UP FOR #HIV PREVENTION". The programme was included with 4 sessions dealing with topic of the day.

Various doctors gave talk on related topics. The resource person of the day Rev. Mathew Perumpil MI, director, Snehagram and CBCI Secretary of Health, enlightened the gathering on "Social Welfare Issues and Future Challenges of OVC. Sessions were with lot of interaction. Audience took active participation by posing questions and clarifying queries.

### Chritmas Celebration

Snehasadan Family celebrated Christmas on 23<sup>rd</sup> December, we invited Rosa Mystica Teachers and our benefactors. Evening we had cultural programme by Snehakids. After the programme all the priests, staffs, guests and children participated in the fellowship meal together.

## Highlights of the Year

- Renewed children parliament and conducted two days training for staff about 'children rights and responsibilities' by INSA team.(Bangalore)
- Organised sports day for staff and inmates.(Sharing Hands)
- Special programmes were organised to bring about behavioural and attitudinal changes by recognizing and appreciating positive behaviour. (Roshni Nilaya, Mangalore)
- Children participated in different competitions organized in the school, Champion in Me Bangalore and won prizes.
- Days were celebrated such as New Year, Independence Day, Teachers Day, Children's Day, Diwali, Christmas, St Camillian Day etc.
- Various entertainment programmes and outings.
- Celebrated international girl child day as a symbol of "Save Girl Child"..
- Dental camp conducted by Yenapoya Hospital Mangalore, at Snehasadan.
- Conducted Dasara camp by Snehagram children at Snehasadan
- Organized Retrace-alumni meet, gathering of former Sneha Kids.
- Inaugurated new Basketball court

Thanks and best wishes to staff & Volunteers



Dr Chethan



Ms Gopika



Ms Nigyl



Ms Daina



Mr Sharon



Mr Jinesh



# Sneha Kids



Welcome you dear  
Fr Shiju our new  
Administrator



Thank you dear Fr Russel  
for you were with us  
to play and to teach. You  
touched our hearts. We  
wish you the best for  
your studies



*You are welcome to  
place order for candles*

A new initiative from  
Sneha Kids

Candles in different  
colours, shapes and  
flavours...



Snehasadan,  
Surupura kaikamla  
Kinnikambla post  
Mangalore  
574154  
PH: 9886207139  
9886116159





# *Share your Care*

Snehasadan (A unit of Sneha Charitable Trust®) express our deep and sincere gratitude to all those who support us in this noble cause

## **Contact us:**

**SNEHASADAN**

St. Camillus Care Home

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Email: [snehasadan05@gmail.com](mailto:snehasadan05@gmail.com)

[www.snehacharitabletrust.org](http://www.snehacharitabletrust.org)

## **Bank Details**

Account Holder: Sneha Charitable Trust

A/c No : 0046053000005873

Bank : The South Indian Bank Ltd.

Branch : Hampankatta, Mangalore

IFSC/NEFT Code: SIBL0000046

*Audit Report is published in the website*

Cheques may be drawn in favour of Sneha Charitable Trust  
All donations to SNEHASADAN are tax-exempt under 80 G of IT 1961