# Annual Report 2016-2017

## **SNEHA CARE HOME**

### A Home Away From Home

In India, of the 2.5 million people infected with HIV, 3.5% of them are children under the age of 15, which accounts for 87,500 children. For young children early detection, nutritional supplements and medical treatment especially antiretroviral therapy is essential for survival, as if the condition is managed successfully HIV can transition from an acute terminal illness to a chronic manageable illness.

Adolescents with HIV face a multifaceted of challenges like the physical challenges of delayed growth and development and puberty, psychological challenges of dealing with the social stigma and discrimination and also access to medication. This results in children being marginalized from essential services like education and health. These challenges only multiply when a child looses their parents to AIDS. India is home to the largest number of orphans to the HIV epidemic and these children face an impenetrable barrier in society.

Sneha Care Home provides a safe haven for HIV infected children to be nurtured and treated. In the home the children will receive the love and attention they require, to grow and develop the necessary skills to face the future. The home also facilitates personal development, imparting of value and moral systems and building their confidence and self esteem through individual attention.

# SNEHA CARE HOME AND SHINING STAR SCHOOL

Providing Support And Fcare For Children Living With HIV An Initiative Of Camillians-India Under Sneha Charitable Trust

## MISSION

To ensure quality of life for the CLHIV by comprehensively addressing their real and felt needs on health, education and psycho-social support.

## VISION

Sneha Care Home endeavours to produce successful, responsible, confident and creative human beings by creating a happy, caring, and stimulating environment where values blend with academics, where skill development is aptitude-based, and where special needs are addressed through individual attention.

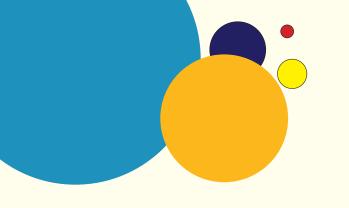
## ΜΟΤΤΟ

Inspiring buds to bloom and blossom









## **Programmes and Features**

### Academic Programme

Shining Star School is Sneha Care Home's academic programme. The school is committed to educating HIV infected children who are mostly orphans. Shining Star School increases their confidence level, boosts their self esteem and provides a platform for the little buds to bloom and blossom. The school follows the flexible National Open School System to develop a comprehensive package, which will suit the individual child based on their aptitude and intelligence. Value based formation, which is a key feature of our academic programme, will enable responsible living for these children and will reintegrate the children meaningfully into the larger society.

## **Co-curricular Activities**

Sneha Care Home and Shining Star School comprehensively addresses the multiple issues of the children affected with HIV to prepare them for a productive and constructive life. To achieve this, we focus on different areas and one of them is cocurricular activities. These activities aim to develop the self esteem and confidence of the children, identify the aptitude of the children and thereby making a therapeutic impact on the children. The activities department conducts different activities, such as drawing, painting, computer science, yoga, clay modeling, music, gardening and taking care of pet animals etc. The basic agenda of these activities are to prepare the children for a productive future.

## **Physco Social Support**

The Phsyco-social department of Sneha Care Home strives for relieving children of their traumas and sorting out their behavioral issues and helping them grow up with good self image and self confidence. We try to achieve these things through individual and group counseling, peer group interventions, life skill education, motivational classes and disclosure. In order to assess the behavioral issues of the children the department conducts strength and difficult questionnaire (SDQ).

## **Health Care Management**

Health Care Management of children is a prime focus of Sneha Care Home. Through health care management we focus on promotive and preventive health care of children. We are assisted by St. John's Pediatric department, especially, the HIV pediatric clinic to effectively manage clinical care of the children. Indhira Gandhi and Kidwal Hospital also plays an important roles in children's health in providing healthcare and medicine. Children enjoy good health through these interventions and we are able to prevent hospital admission through these efforts. Moreover, we also carry out effective assessments and research studies to monitor and evaluate the impact of the interventions.

## **Message From President**

The Legacy of Caring

One challenge all of us in the world today face together is health and healthcare. It is my belief that providing high quality healthcare to children, patients and people around the world in a sustainable manner is society's greatest challenge. For Sneha Care



Home, it has been a year with many rewarding moments as well as some challenges. Though a year of transitions, we have made solid progress on many fronts, including building out strategic platform while establishing exciting new ones. It is this example of caring that

inspires caring in the whole community and reminds us of how firmly and fundamentally compassion is woven into the fabric of our culture. Thank you Sneha Care Home for making 2016 yet another remarkable year for Sneha Charitable Trust. Sincere appreciation to Fr. Jaison, Fr. Binu, Fr. Sunil and Fr. Biju Mathew for your hard work and commitment. A special word of appreciation for your new innovative ventures in Sneha Care Home. Our dedicated staff has done an incredible job in strengthening and enhancing the quality of services. We gratefully acknowledge the valuable presence of our beloved children and the residents. Dear benefactors, friends and well-wishers, thank you for wholeheartedly being a part of Sneha Care Home. We are looking forward to much more in 2017.

> With warm regards and God's blessing Baby Ellickal President Sneha Charitable Trust

## **Directors Desk**

"All birds find shelter during a rain but eagle avoids rain by flying above the clouds", this is a saying by Dr. A.P.J Abdul Kalam. Children here at Sneha Care Home have the possibility of getting introduced to various opportunities in life that they are enabled to fly above the clouds. This is what I feel looking at the past year 2016-17. They are able

to dream and take a leap in life even when they live a health compromised life. All this is possible because of the goodness and the will of the people who are associated with us here. I wish to express my heartfelt gratitude to everyone who in one way or other helped these little ones to cope up with the challenges of life. You bring into light the hidden talents in them and motivate them to become responsible kids in the society. These buds will definitely turn into beautiful flowers spreading the fragrance around them. And this result in turn continues to motivate us all to be again engaged with the children or to be related with them. Let us together see that today is good and we hope and wish that tomorrow will be better for these little ones.

#### Fr. Jaison

## **Principal's Words**

*"Give your hands to serve and your hearts to love"* Mother Theresa

Children don't always need advice sometimes all they really need is a hand to hold, an ear to listen, and a heart to understand them. Sneha Care Home strives to be a home away from home for the children living with HIV.We give them the opportunity to expand their talents in various aspects not only in education, but also in extra- curricular activities like various sports and physical education, drawing, dancing, singing, making them comfortable with modern technology like computers, in short making them confident to face the world. We encourage them to be independent. Every child in Sneha Care Home & Shining StarSchool, is given responsibilities as well as duties to perform. We are very proud of our students and teachers who strive hard to achieve beyond our expectations.

## A History of Sneha Care Home

Sneha Charitable Trust started Sneha Care Home on July 14 2008, with 20 children. Most of these children were left behind after the death of their parents in Snehadaan. It was initially run with the support of a few staff and many volunteers. The home was started with the aim of developing a model programme which would comprehensively address the multi-faceted issues of children living with HIV.

In the year of 2009-2010, the current building of Sneha Care Home was built, and the children moved into their new home. In this year, the home started a sports progamme for the children with the help of Bangalore Sports School Foundation, and also started annual sports and arts events titled ' Champion In Me' with all the care centres in Karnataka. Lastly a rainbow summer camp was also started which also included children from other care centres. In the year 2010-11, the family linkage programme was developed and most of the children were sent home for the holidays, the staff members of the school also visited the families of the children during the summer holidays. Research collaborations were also started to help understand the impact of these programmes with the children. In the year 2011-2012, we started the process of HIV disclosure and our methodology was studied by Boston University as an innovative approach to this challenge. In the year 2012-2013, the school developed a systematic curriculum for each level, and also developed a sports module for the children. One of the many researches carried out was which to understand the nutritional impact on the health of the children, was presented in a conference in Mumbai. In this year, Snehagram was started, which was seen as the second phase of development for the children after their time in Sneha Care Home.

Today there are 59 children in the home, 38 boys and 21 girls. The home is continuously growing and evolving to accommodate the needs of these children.



## **Sneha Charitable Trust**

Since its inception in 2003, Sneha Charitable Trust (SCT) has been making its mark in the healthcare sector in India through an array of programmes meant to serve the poor and marginalized sections in the society. SCT is managed by the Camillians- an International Faith-based Organization which is exclusively involved in the healthcare field for the past 450 years. It is one of the most challenging, creative and demanding initiatives of Camillians. It has a radical and distinctively global healthcare action – care and support to People Living with HIV/AIDS (PLHIV), destitute, mentally and physically challenged children, training in quality healthcare management, vocational rehabilitation, training and job placement. The trust has also been collaborating with various national and international programmes of care implemented through governmental and non-governmental agencies. Over the years the trust has established eight community care centres in various parts of India for carrying out its mission.

All the programmes initiated by SCT were unique in their own ways, be it Snehadaan which was opened in 1997 to serve the people living with HIV (PLHIV) or Sneha Care Home which was established in 2008 for providing comprehensive care for children living with HIV (CLHIV). Through these, SCT has been taking the less-trodden paths to carry out its mission to serve the poor and hapless sick.

The SCT has pioneered the development and implementation of a programme for children infected with HIV who have lost their parents or parent and whose normal growth and development are compromised in their home or community. Such children have been provided with an array of services in residential facilities to protect and support them during vulnerable times, and also to prepare them as far as possible for an independent, productive and fulfilling adult life.

**Phase 1** of the programme takes children through their development from 5-13 years of age, whilst **Phase 2** continues with the children as they develop though to age 18 years. Theseprogrammes is widely regarded as a model for implementation of CLHIV care programmes elsewhere in India.

SCH TEAM Structure	Director Administrator Fr Jaison Mathew Fr Babychan Pazhanilath (M Programme Manager Mr Francis Baby (MSW	II) -	
Psycho- Social Coordinator Ms Clera Lewis (MSW) Counsellor: Ms Jiny (MSW) Mr. Francis Baby (MSW) Mr. Joseph K U	Clinical Coordinator Sr. Tessa Ms Reshma	Teachers, Mr Pius Pinto Ms Radhamma Ms Sharanya Mr Taneja Ms Lucy Roshan Ms Vidya Ms Juliet Ms Lorane Ms Shyamasree MS Charlotte Mr Christopher	Support Staff Ms Manjula Ms Gunavathi Ms Pavitra Ms Rajee Ms Tanuja
Total NUMBER of Children-139			
Children in Sneha Care Home: 59		Children in Snehagram : 56	
Boys : 49 Girls: 34		Boys : 30 Girls: 26	

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# Celebration

## Champion in me 2016

**Champion in Me 2016** was organized for children living with HIV in Karnataka by Sneha Care Home in partnership with Karnataka Health Promotion Trust(KHPT), Bangalore School Sports Foundation(BSSF) and the United States Agency for International Development (USAID) on 26th & 27th November 2016 in Snehadaan Campus, Sarjapur Main Road, Mullur, Bangalore 560035.

Most of the children living with HIV, either in institutions or community, are unable to compete with children from the mainstream society therefore, making organizing such events all the more important so that it serves as an effective forum for children to experience healthy competition, recognize their interest areas, strengthen their physical and psychological well-being as well as having fun and making friends.

The two day event was conducted packed with competitions in arts and crafts, stage performances of dance and song, sports events where children broke barriers, built self-confidence and developed health-seeking behaviours- all of which help them in managing HIV/AIDS. Around 380 children from 13 centres in Karnataka, and from different districts of Karnataka participated in it. Moreover it was a family gathering of children living with HIV. We also had about 150 staff and volunteers accompanying these children from different centres.













# Celebration

## Sneha Run 2016

In respective to the World HIV/AIDS day the sixth edition of Sneha Run 2016 5K Run/Walk has hosted on 4<sup>th</sup> December 2016 at Sneha Care Home, Surjapur Road in Bangalore.

Sneha Run is a fund raising event for the support of children living with HIV in Sneha Care Home. It is organized by Sneha Care Home in partnership with NOKIA, Runner's High, Event's High, BMC and Y's Men.

5K Run/Walk started from Sneha Care Home at 7: oo am. Around 1000 people across different age groups from kids to senior citizens were part of the event. The children of Sneha Care Home performed zoomba dance for the crowd .Mr.Suraj Mani and The Tattva Tripper played various musical numbers for the crowd and had a real time multi- sensory interaction between the artist and audience. The program ended with a healthy breakfast.









## **Republic day celebration**

The **67th Republic Day** was celebrated in all its solemnity and grandeur at Sneha Care Home and Shining Star School on 26th January 2016. The students saluted the National Flag and pledged themselves to upholding the honour and integrity, diversity and uniqueness that is "India".

The choir group presented the National Anthem " janaGanamana". The whole school joined the choir and the song reverberated throughout the surroundings.

## Pongal celebration 2016

Pongal, the traditional food offeringfestival, was started by the lighting of fire by Fr.Jaison, the Director of the Sneha Care Home. Sneha care Home was decorated with mango leaves and decorative patterns (called kolam) which are drawn on the floor using rice flour, there was also colourful presentation of cultural programmes performed by the students.

Pongal rice and sugarcane - traditional festival food items, were also shared with students and volunteers.









## **Starry Night**

Starry Night is a Christmas programme organized by Sneha Care Home during Christmas season. Conceptually it is a Christmas celebration with the stars of Sneha Care Home. The principal aim of this programme is to bring together the well wishers, friends, benefactors and people who are closely associated with Sneha Care Home for a common Christmas celebration with the children and staff of Sneha Care Home. This year it was held on the 11<sup>th</sup> of December 2016.

## Summer Camps

Sneha Care Home in collaboration with KHPT (Karnataka Health Promotion Trust) has conducted two summer camps this year. Titled 'Colours' the camp provided an opportunity for the children's HIV community from around the state to come together and participate in the activities prepared by the organizing community. The camp also provided a structured and supervised environment where the children received individual attention to develop the potential of each child, including those that displayed gifted or special talents. With the theme set as "All for One, One for All", the camp promoted teamwork and camaraderie among the children. The camps were conducted on April 20-23<sup>rd</sup> (35 Children) and May 17-19<sup>th</sup> (78 Children).

# **Child Parliament**

Child Parliament is a system of self-governance by children and has become an inspiration to many more organizations working for Children affected and infected with HIV in the country. Under these system children select their own Parliament; Prime Minister, Health Minister, Law Minister, Sports Minister, Education Minister, Environment Minister and Opposition Ministers. Cabinet meetings and Parliament meetings are held regularly and children take active part in managing and guiding the affairs within the centre.

# **Innovative Film City Visit**

This year the children had the opportunity to visit the Innovative Film City Bangalore. The children had exciting time visiting the various attractions within the city. The trip was as fun as it was educational for them, as they attended the various events catered to engage the children and develop their knowledge on a variety of subjects. Such exposure to the larger community would allow the children easily integrate with them in the future.









## **Culture of celebration**

The student body of sneha care home possesses great diversity in culture and tradition. At sneha care home, the students are given the freedom to carry forth their traditions and celebrate their festivals in a homely manner. Along with the common festivals of Diwali, Gandhijayanthi, Christmas, GaneshaChathurthi, Karnataka Rajyostava , Easter etc. which are celebrated at a very large scale, the students also celebrate their own regional festivals with great fervor. These celebrations serve as a medium of interaction between cultures, exposing the students to the beauty and richness of Indian diversity.

## **Partners and Collaborations**

#### \* Karnataka Health Promotion Trust

- Programme guidance
- Financial Support
- · Learning site status under the mac AIDS programme

### Partner for conducting 'Champion In Me'

- \* St. Johns Medical College and Hospital
  - Medical Treatment
  - Conducting research
- \* Learn for Life Foundation, USA
  - Finding sponsors for children from USA
  - Support in data organization and anagement
- \* Boston University
  - Conducting Research
  - · Virtual and actual internship by public health students

#### \* International Service Agency(INSA-India)

- Conducting life skill training for our children
- · Facilitating children's parliament
- Training and facilitation for drafting the child's Rights Policy Manual
- \* Louise Foundation for Ballet
  - Conducting ballet classes for children
  - Organizing children's ballet performances
- \* Ananya Trust
  - Athletic training for children
  - Organizing running events
- \* Runners High

\*

- Athletic training for children
- Conducting Fundraising and amateur running events for supporting the running programme
  Logistic support for 'Champion in me 5K Run'
- Bangalore School Sports Foundation (BSSF)
  - Conducting the ' Champion in Me' sports events
  - Ensuring SCH participation in school sports events held in the city

#### • The International School Bangalore (TISB)

- Mutual Learning Programme
- Donated the funds raised by children for
- construction of our washing area
- Field Services and Intercultural Learning (FSL India)
- Placement of volunteers with Sneha Care Home

#### \* Joy Alukkas Foundation

- Financial support for the programme
- \* Dan Hospital Pvt Ltd
  - Financial support for the programme
- \* Aarattukulam Constructions
  - Financial support for provisions
- \* Seven Seas
  - Monthly Financial support for the programme
- \* Gina Constructions
  - Monthly financial support for the programme
- \* TESCO
  - · Monthly financial support for the programme

## **Corporate Alliances**

- \* HCL Technologies
  - Support a project for micronutrient supplement for children
  - Employ engagement
  - · Buying books for the library
- \* Timken India
  - Supported the construction Girls hostel In Snehagram
  - Employ engagement
- \* National instruments systems, India PVT.LTD
  - Supports the nutritional programme
  - Employ engagement
- \* Wells Fargo India PVT. LTD
  - Supports the academicprogramme by supplying academic goods
  - Employ engagement
- \* Toshiba
  - Provided computers and software for the early learning centre
  - Provided chairs for the classrooms
- \* I-Value
  - Provided solar water heater system for children
- \* ALLEGIS
  - Provided stationary and cosmetics items for children

## **GIFT A FUTURE**

HIV among children is extremely fatalwith over 60% of the children dying before they turn 3 years old. Thus for young children early detection, nutritional supplements and medical treatment especially antiretroviral therapy is essential for survival.

Every child living with HIV deserves the best chance for a bright future. That's why we are fiercely committed to ensuring children not only survive but thrive. Bold in our ambition and powerful in our care, we do whatever it takes to save the children. The gift of life is one of the most powerful gifts we can give.

You may want to join us in volunteering, advocating, fund raising, or personally supporting the various needs of our children. The donation made to Sneha Care Home is exempt u/s 80G (5)(vi)of the ITAct 1961.

#### Bank Details:

Account Name: Sneha Charitable Trust Bank: Federal bank Branch: Kodathi Gate Sarjapura Road, Bangalore – 560035 Account No: 21710100012300, IFSC Code: FDRL0002171 Tax Exemption Details: 810 G:DIT (E)/80G (R)/332/W-2/07-08 FGRA: Registration Number: 094421042, Nature: Local 12 A(a): DIT (E0/12 A Vol.III/S-1216/02-03 PAN: AADTS1904L